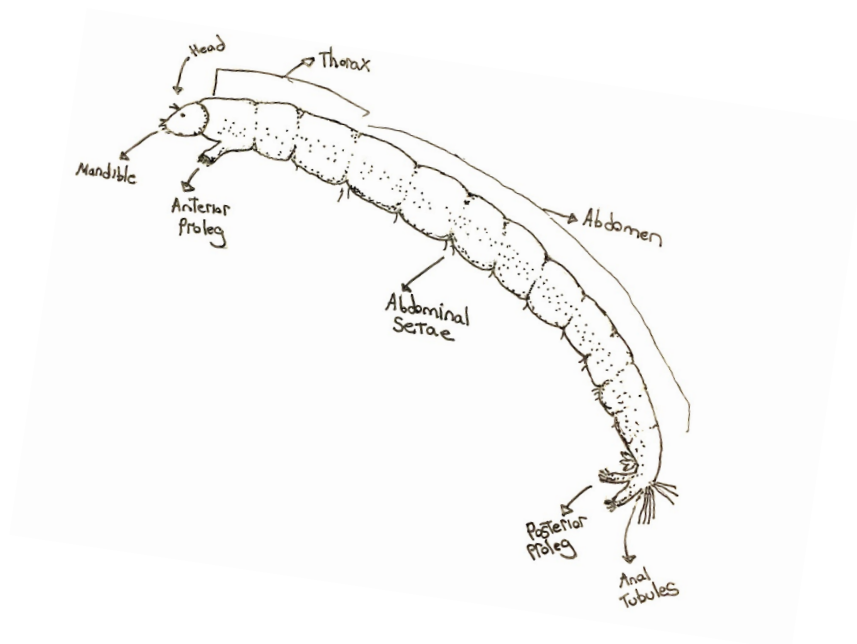


Entry into the Stockholm Junior Water Prize 2019

**A Novel Method of Monitoring the Health of our
Global Fresh Water Supply using DNA
Barcoding of Chironomidae (Diptera)**



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I. Abstract: It is forecast that 66% of our population will experience water scarcity within a decade, leaving us more dependent on surface water for drinking.^[14] This requires more filtration infrastructure, and monitoring of surface water sources. Current methods rely on expensive and technically challenging manual identification of biological samples. Macroinvertebrates spend their larval lives within a small area of water, showing cumulative effects of habitat alteration and pollutants that chemical testing and field sensors do not.^[9] Molecular methods enhance biomonitoring programs. This project explores deoxyribonucleic acid (DNA) barcoding, to measure waterway health with larval Chironomidae (order Diptera), the most widespread macroinvertebrate family.^[4] Their complex taxonomy makes manual morphological identification difficult. A statistical sampling plan was designed that represents variation in geological, ecological, and land use factors. Four methods of isolation and amplification were compared. Statistical analysis shows DNA Barcoding of Chironomidae results in more accurate and precise waterway health data, adding significant value for monitoring scarce water resources. The learnings from these data are being applied building microbiology capability at a non-profit water study institute.

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III. Key Words: Public Water, Chironomidae, Water Scarcity, DNA Barcoding, Surface Water, Water Monitoring, Bioassessment, Nonpoint Source Pollution, Macroinvertebrate, COI (cytochrome c oxidase subunit 1)

IV. Abbreviations and Acronyms: COI: Cytochrome c oxidase subunit 1

NJDEP: New Jersey Department of Environmental Protection

PCR: Polymerase chain reaction

V. Acknowledgements: This effort was designed and conducted by the author. Appreciation to Karen Lucci of Hopewell Valley Central High School for guidance on phylogenetic tree analysis. Based on previous training and experience, Cold Spring Harbor Laboratory graciously allowed open access to

microbiology labs and equipment to conduct independent experimentation. Special appreciation to Dr. Cristina Fernandez for DNA Barcoding principles. Sample preparation, DNA extraction, macroinvertebrate identification and chemical analysis was performed in home laboratory underwritten by funding awarded for prior research. Additional thanks to Erin Stretz, Dr. Steve Tuorto, and Jim Waltman from The Watershed Institute for internships and opportunities to learn aquatic entomology and chemical environmental monitoring; Dr. Patricia Shanley for guidance on policy and advocacy; Lawrenceville Summer Scholars for robotics and programming.

VI. Biography: My independent research focuses on how environmental data can be gathered and used to inform decision making in terms of how and when we develop our natural and water resources. I have been a member of the Society for Freshwater Science since 2014, and I have presented data at their 2015 Mid-Atlantic Chapter meeting at the Academy of Natural Sciences in Philadelphia, and the 2017 Annual Conference in Raleigh, North Carolina. Additionally, I have presented at the Environmental Protection Agency (EPA), for receiving a Presidential Award, National Geographic Society in Washington, D.C., as well as New York Academy of Sciences Bicentennial celebration, New York, NY (2017).

Massachusetts Institute of Technology (MIT) named a minor planet in my honor. Through chemical and biological stream assessment (certified for 8 years), I have been monitoring the health of our local waterways as an active member of a StreamWatch volunteer program since 2011. Encyclopedia Britannica published my definition of “macroinvertebrate.” I was the featured speaker and Watershed Hero at The Alliance for Watershed Education River Days 2017 & the East Coast Greenway River Days Kick-Off at Fairmount Water Works, Philadelphia.

My research, data collection, and advocacy have led to environmental improvements: data submission to the New Jersey Department of Environmental Protection (NJDEP) and modifications to a pipeline construction project that minimized impact to streams, 20 acres of ecologically critical forest and wetland being preserved as open space, providing a critical east-west wildlife habitat corridor. My efforts to locate and document the southernmost population of a threatened amphibian species support a current proposal for categorization of a special wetland habitat as a C1 Stream by the NJDEP.

1. Introduction: Parts of the world are abundant with fresh water, but 2.7 billion people (about 40% of our population) experience water scarcity at least one month a year.^[14] This is expected to grow to two-thirds of the world’s population within a decade (Falkenmark Water Stress Indicator) as population and water usage increase.^[14] Less than 1% of the world’s water is accessible as a public water source.^[3]

Water scarcity affects every continent and was listed in 2015 by the World Economic Forum as the largest global risk in terms of potential impact over the next decade.^{[13][6]}

As water scarcity increases, we become more and more dependant on surface water for drinking, therefore require more filtration infrastructure, and more monitoring of surface water sources. Currently 63% of public water (serving a population of 169 million) in the USA is from surface water.^[10] Wetlands provide surface water filtration, however more than half the world's wetlands have disappeared.^[14] New York City makes use of wetlands as a natural water filtration resource for their public water. Over 1,000,000 acres of protected land in the Catskill/Delaware watersheds provide natural filtration for 90% of New York City's population of 8.5 million.^[11] New York is one of only five cities that can rely on simpler natural filtration for public water.^[11] The New York City Land Acquisition Program purchased or protected over 130,000 acres since 1997 and restricts development.^[8] A dedicated police force of more than 200 members guards the health of the wetlands and prevents illegal dumping.^[12]

Measures of taxa richness and relative abundance provide valuable information on trends in ecosystem health. Macroinvertebrates provide a logical choice because they can be seen with the naked eye and spend their larval lives in a small area of water and therefore show the cumulative effects of habitat alteration, contaminants, and pollutants. Additionally macroinvertebrates play a significant part of the food web, preyed upon by fish, birds, reptiles, and amphibians. Current waterway assessment methods are based on a procedure defined and popularized and standardized by Hilsenhoff^[7] in 1977: a 100 organism sub-sample is obtained from a Stratified Random Sample taken in the field. Organisms are identified to the lowest practical taxonomic level with a microscope and taxonomic keys.^{[7][9]}

These current methods of surface water monitoring can be expensive and technically challenging, relying on manual identification of biological macroinvertebrate samples. Additionally macroinvertebrates are relatively easy to identify to family level manually by morphology, however genus and species level identification is exponentially more complex. Highly detailed genus and species level data is more accurate and precise but difficult to obtain due to cost, specimen condition, incomplete taxonomic knowledge, poor taxonomic keys, and lack of trained taxonomists. Error rates of genus and species in samples identified by professional taxonomists have been found to be as high as 65%.^[4] Molecular methods, such as deoxyribonucleic acid (DNA) barcoding from a region of the mitochondrial gene COI (cytochrome c oxidase subunit 1), have begun to enhance biomonitoring programs. DNA Barcoding offers the promise of a more rapid, accurate (less human error), and precise (species level)

identification of macroinvertebrate taxa. This is important to obtain accurate environmental assessments. DNA Barcoding overcomes limitations of manual taxonomic identification and significantly improves the statistical power of bioassessment tools.^[15] Taxonomic identification to family level by volunteers is widely used for citizen science programs and broad data gathering. Many studies have explored the potential of DNA Barcoding for bioassessment, and the increased precision and statistical power provided by genus and species level identification. This effort creates a methodology that allows DNA Barcoding to be integrated into existing water monitoring programs. This project aims to enhance citizen science environmental monitoring programs with a DNA Barcoding methodology and capability in order to improve accuracy, precision, and statistical power of results.

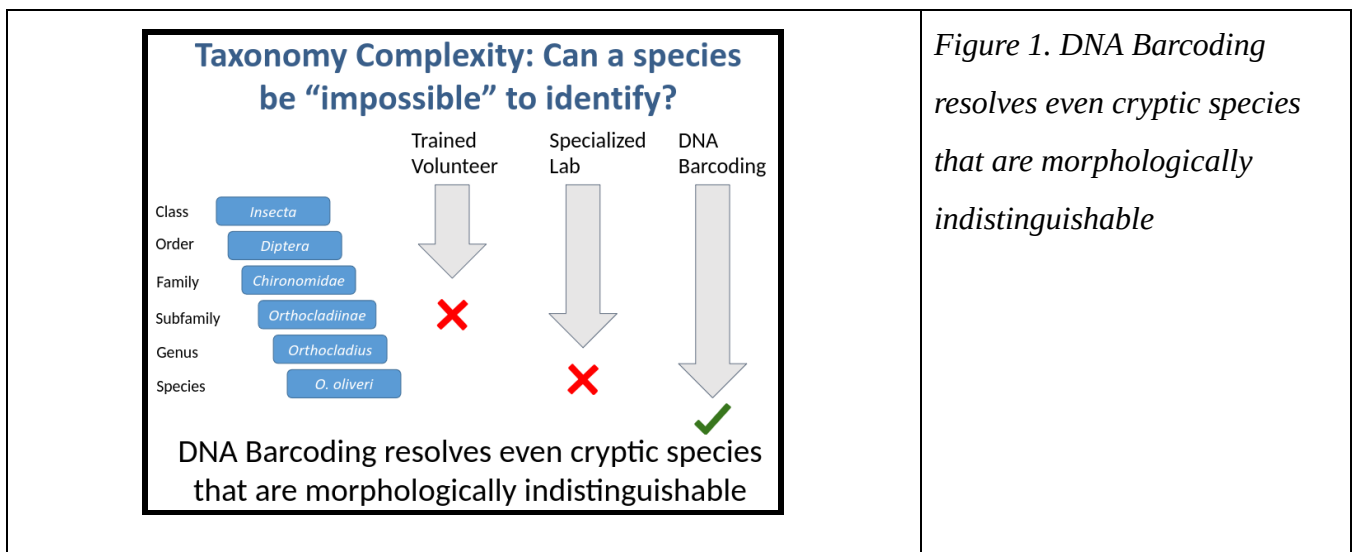


Figure 1. DNA Barcoding resolves even cryptic species that are morphologically indistinguishable

This project explores the potential of using DNA Barcoding to measure waterway health with the larval non-biting midge Chironomidae (order Diptera). Chironomidae are versatile macroinvertebrates and a common denominator among most aquatic sites.^[4] They occupy many important parts of food webs, and includes all functional feeding groups: collector/gatherers, shredders, scrapers, filter-feeders, and predators.^[4] They have a holometabolous, or complete metamorphosis, life cycle with; egg, larva, pupa, and adult. The Chironomidae are the only free-living (non-parasitic) holometabolous insect extant on every continent, including Antarctica, and in a great range of altitudes.^[4] They have been found 5600 m above sea level on glaciers in Nepal, and 1360 meters below the surface of freshwater Lake Baikal in Russia. This project is concerned with the larval form, which in some species occurs in water films a millimeter thick, and in others dwells in arid regions and can tolerate drought (one even survived 18 months in the vacuum of space). Other larvae are found in glacial meltwater just above freezing, and

there are even Chironomidae in hot springs over 40°C. There are fully marine species, and some have even been found in algae on sea turtle shells. Some Chironomid larvae have hemoglobin which allow them to absorb oxygen from and tolerate low-oxygen waters that other macroinvertebrates cannot survive. Due to their reddish color they are commonly called bloodworms. Unfortunately for citizen scientists, Chironomidae have complex taxonomy that makes manual morphological identification to genus and species level extremely difficult. The Hilsenhoff Family Tolerance Value for Chironomids is 6. This is an average of the Genera Tolerance Values which have been shown to range greatly (e.g. from 2 to 10 for the genera sampled here). Since they are difficult to identify morphologically, DNA Barcoding adds great value, additionally unlike some other macroinvertebrates they lack inhibitors that impede amplification using the silica resin isolation method and polymerase chain reaction (PCR) primer beads.

This research hypothesizes that a novel DNA Barcoding process utilizing Chironomidae (Diptera) will compare favorably to standard methods of monitoring surface water sources. The purpose is to contribute an improved method of bioassessment to aid in preservation of our freshwater resources.

In phase 1, method development was explored. The independent variables were DNA extraction methods and primers used. The dependent variable was the percent amplification of samples. The control was the DNA ladder.

In phase 2, The Chironomidae were explored as an index of waterway health. The independent variables were the sample sites, varying freshwater bodies with a statistically planned variety of geological, ecological, and anthropogenic factors. The dependent variables were the genera and species present. The positive control is a known healthy location (per statistical data) and manual identification. The negative control is known unhealthy location.

The research questions explored here support creation of a microbiology lab at a non-profit water study institute that supplements their existing citizen science water monitoring programs. 1) Can DNA Barcoding be used as a means of monitoring surface water sources? 2) How do Chironomidae genera and species vary in response to variation in geological, ecological, and land use factors? 3) How do Chironomidae genera and species vary in response to nutrient pollution? 4) Will this project add new species to the Chironomidae data sets in genetic sequence databases used by the scientific community? 5) What is the effect of different methods of PCR on the amplification of Chironomidae DNA?

2. Materials and Methods:

2.1 Risk and Safety: These procedures involve use of ethanol, a Lamotte Water Quality test kit, and microliter amounts of DNA isolation, PCR amplification, and gel electrophoresis reagents. Material Safety Data Sheets (MSDS) sheets were reviewed. Personal protective equipment was used to protect against risk of chemical exposure. Waste liquid was collected and given to Clean Harbors, a company specializing in hazardous waste disposal. Training was completed and up to date for equipment, chemicals, and taxonomic identification.

2.2 Procedures: The following methods of DNA isolation were selected (Rapid DNA Isolation, PowerSoil Isolation Method (Metabarcoding), Silica Resin Isolation). Research showed these to be more likely to work for macroinvertebrates and they are fairly easy and economical for real world use. A statistical sampling plan was designed to represent variation in geological, ecological, and land use factors. Sample sites were chosen according to a statistical sampling plan to capture a variety of geological, ecological, and anthropogenic factors: high gradient vs coastal plain, stream vs. pond, healthy ecosystem vs. unhealthy ecosystem.

2.3 Water Quality Chemical Analysis: Water quality chemical analysis certifications relevant to this project were up to date. Chemical sampling was performed with LaMotte water test kit and procedure. Nitrates, orthophosphates, dissolved oxygen, pH, and turbidity was monitored over 9 months at 13 sites.

2.4 Benthic Macroinvertebrate Sampling: Sampling was performed per NJDEP procedure. Freshwater macroinvertebrate samples were collected with D-frame net. The percentage of net jabs taken in each habitat type corresponded to the percentage of each habitat type's presence in the stream reach. The sample was stored in ethanol. Macroinvertebrates were identified, and those from the Chironomidae family (order Diptera) were identified under a microscope and removed for DNA Barcode analysis. Stream health was monitored over 9 months at 13 sites.

2.5 DNA Isolation Procedure: The membrane-bound organelles such as the nucleus and mitochondria were dissolved with lysis solution. A sterile plastic pestle was used to liquify the macroinvertebrate sample in a 1.5ml tube. Silica resin was used to bind DNA. The nucleic acids were eluted from the silica resin with laboratory grade distilled water. Samples were stored at -20 C prior to PCR amplification.

2.6 Polymerase Chain Reaction (PCR) Amplification: Primers were selected based on sample type. Different methods of PCR amplification were tested: Ready-To-Go PCR Beads were activated by adding a mix of loading dye and COI primers LCO1490 and HC02198. After bead dissolves, the DNA sample was added with micropipette. The PCR tubes was then be mixed by lightly flicking, and centrifuged for

30 seconds at 13,400 RPM to spin the liquid to the bottom of the tube. Samples were thermal cycled with the appropriate temperature profile programmed. NEB Taq 2X Master Mix: 10 μ L of loading dye per sample was mixed with 12.5 μ L of NEB Taq 2X Master Mix per sample, combined in a 1.5ml tube, and shaken gently for mixing. 2 μ L of sample DNA was then be added with micropipette to the correspondly labeled PCR tubes. 23 μ L of the LCO1490 and HC02198 primer mix was added to each PCR tube. The PCR tubes were then be mixed by lightly flicking, and centrifuged for 30 seconds at 13,400 RPM to spin the liquid to the bottom of the tube. Samples were then be thermal cycled with the appropriate temperature profile programmed.

2.7 Gel Electrophoresis: Agarose gel was poured, and when it was solid it was be placed into the electrophoresis chamber. Tris/Borate/EDTA (TBE) buffer was added. PCR samples was loaded, the gel was run at 130V and the image were captured. Images for samples prepared with PCR Beads and with Master Mix were used to verify DNA amplification.

2.8 Sequencing: Samples were then sent for DNA Sequencing. Bioinformatic analysis was completed by trimming and analyzing the Chironomidae genetic sequences. The final sequences were submitted and compared to multiple genetic sequence databases to determine the genus and species of each sample. Software tools were programmed and developed to easily calculate biological health scores. The appropriate index was selected (High Gradient or Coastal Plain Macroinvertebrate Index).

3. Results: DNA Barcoding overcomes limitations of manual taxonomic identification and significantly improves the statistical power of bioassessment tools.^[15] Hilsenhoff tolerance scores of the Chironomidae genera sampled and identified using the DNA Barcoding method developed here were used with GIS software to provide an overview of water quality.

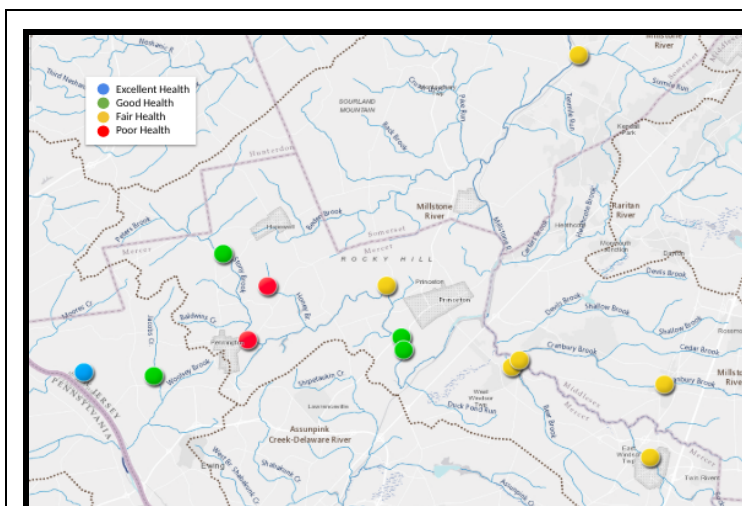


Figure 2. Overview of waterway health using Hilsenhoff tolerance scores of the Chironomidae genera identified by DNA Barcoding.^[5]

Highly detailed genus and species level data is more accurate and precise but difficult to obtain due to cost, specimen condition, incomplete taxonomic knowledge, poor taxonomic keys, lack of trained taxonomists.

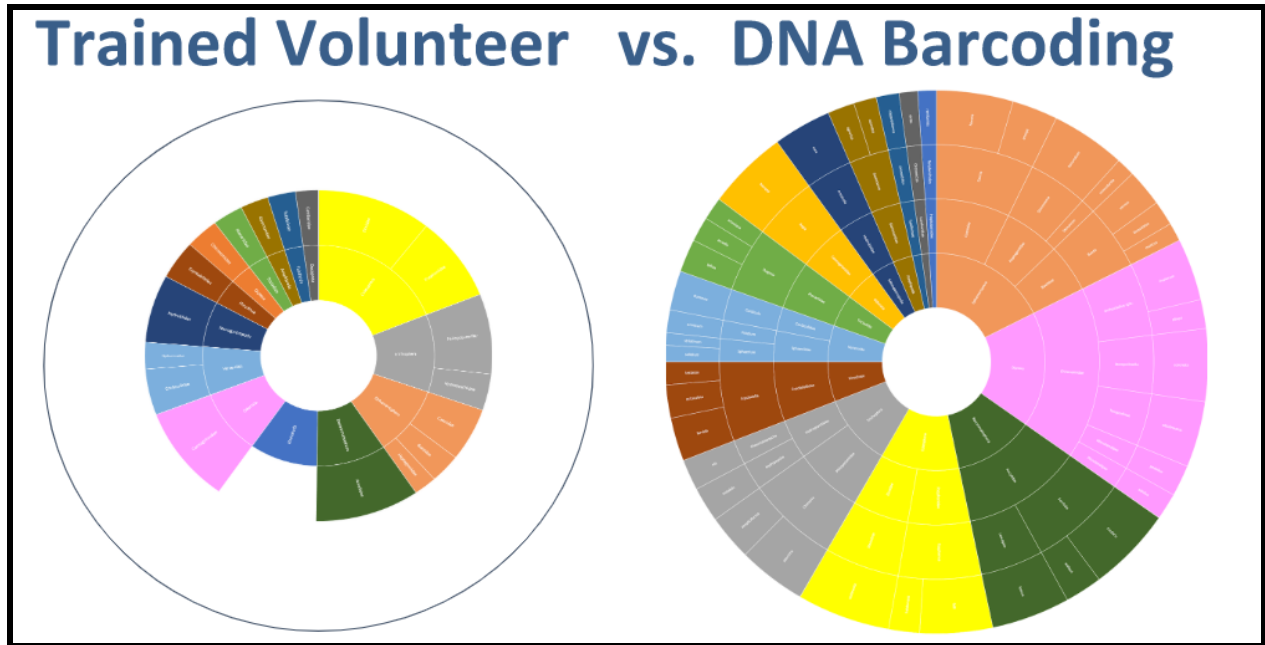


Figure 3. The left diagram shows a taxonomic macroinvertebrate sample identified to class and family level by a trained volunteer. The right diagram shows the sample identified to species level by DNA Barcoding, and reveals the additional resolution provided by DNA Barcoding.

An important step to developing a methodology for use of Chironomidae in bioassessment was comparing and evaluating molecular analysis methods. Silica resin and PCR bead successfully amplified 100% of the samples. Four approaches were evaluated, and had very different results in terms of the percent of samples that accurately identified.

	eDNA Extraction & eDNA Primer	Rapid Method (chromatography paper) Extraction & PCR Bead	Silica Resin Extraction & PCR Bead	Silica Resin Extraction & MM Primer
% Successful amplification	< 1% ❌	40% ❌	100% ✅	28% ❌
No primer bias	❌	✅	✅	✅
Precise sample time/location	❌	✅	✅	✅

Figure 4. Summary of the molecular analysis methods evaluated. Silica resin and PCR bead successfully amplified 100% of the samples.

The Chironomidae samples showed the least undetermined nucleotides, best peak quality, and best sequence quality. The Gammaridae also responded very well to barcoding, However the gammaridae do not have the range of geography and biotic indices that the Chironomidae do.

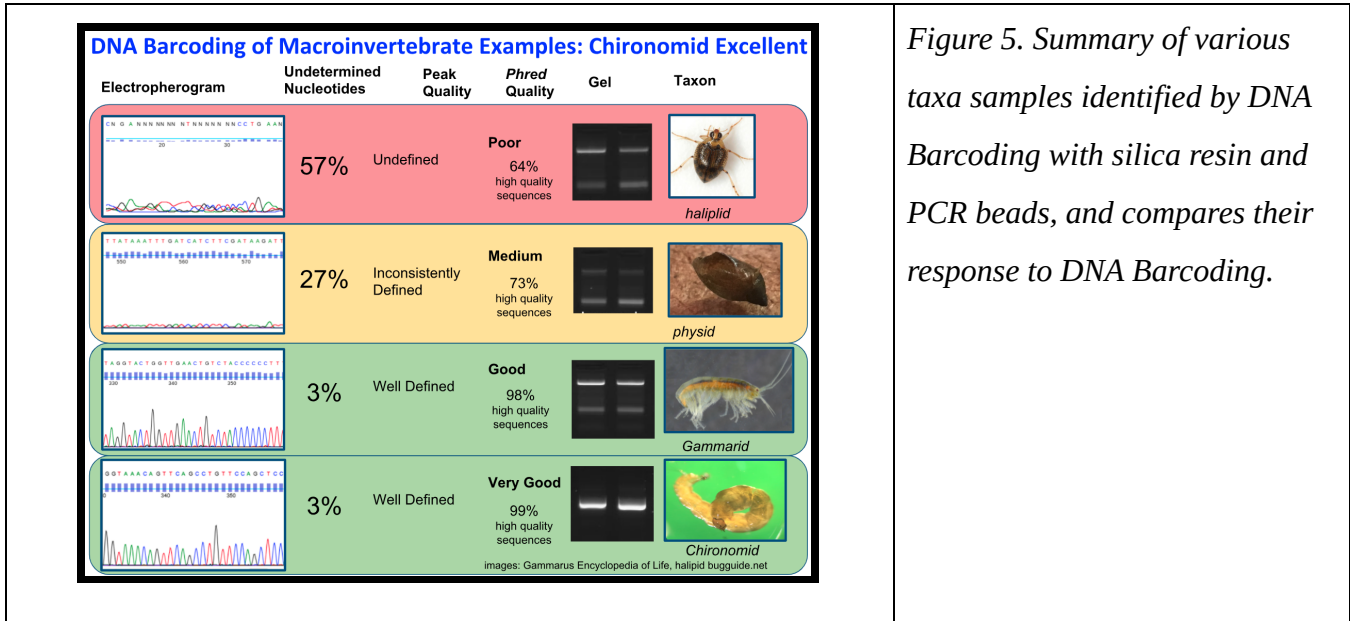


Figure 5. Summary of various taxa samples identified by DNA Barcoding with silica resin and PCR beads, and compares their response to DNA Barcoding.

Phred scores were compared using two-sample t-tests (0.01 significance level). This test was selected because the number of samples n was less than 30.

Chironomidae vs. Physidae $p = 1.01 \times 10^{-6}$ indicating a statistically significant difference.

Chironomidae vs. Haliplidae $p = 7.37 \times 10^{-8}$ indicating a statistically significant difference.

Chironomidae vs. Gammaridae $p = .053$ indicating a difference that is not significant, however Gammaridae were not chosen due to their more limited number of species, geographic range, and biotic index range.

The Chironomidae sampled here aligned by genera with either high gradient streams in piedmont geology, or sandy soils and coastal plain geology. Only 13% of the genera sampled were found evenly in both geologies.

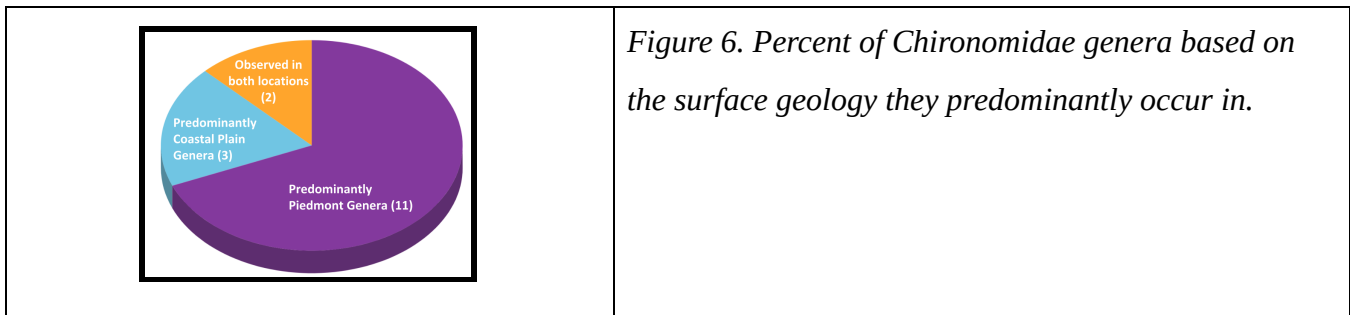


Figure 6. Percent of Chironomidae genera based on the surface geology they predominantly occur in.

Nutrient pollution was compared with the weighted average Hilsenhoff scores of the Chironomidae genera sampled at each site. The value for nutrient pollution was calculated from the average ppm of nitrate and orthophosphate sampled at each site, which was normalized to a value between <1 and 10. This shows a statistically significant relationship with $p < 0.05$. When nutrient pollution data for sites are graphed with the weighted average Hilsenhoff tolerance scores of the Chironomidae genera sampled, a moderate positive linear association is noted. There is a statistically significant relationship with $p < 0.05$. In a linear regression ran $r = .67$ indicating that 67% of the variation in the Hilsenhoff tolerance scores of the Chironomidae genera sampled were accounted for by overall nutrient pollution data. This means that 33% of variation in tolerance score is influenced by factors other than overall waterway health.

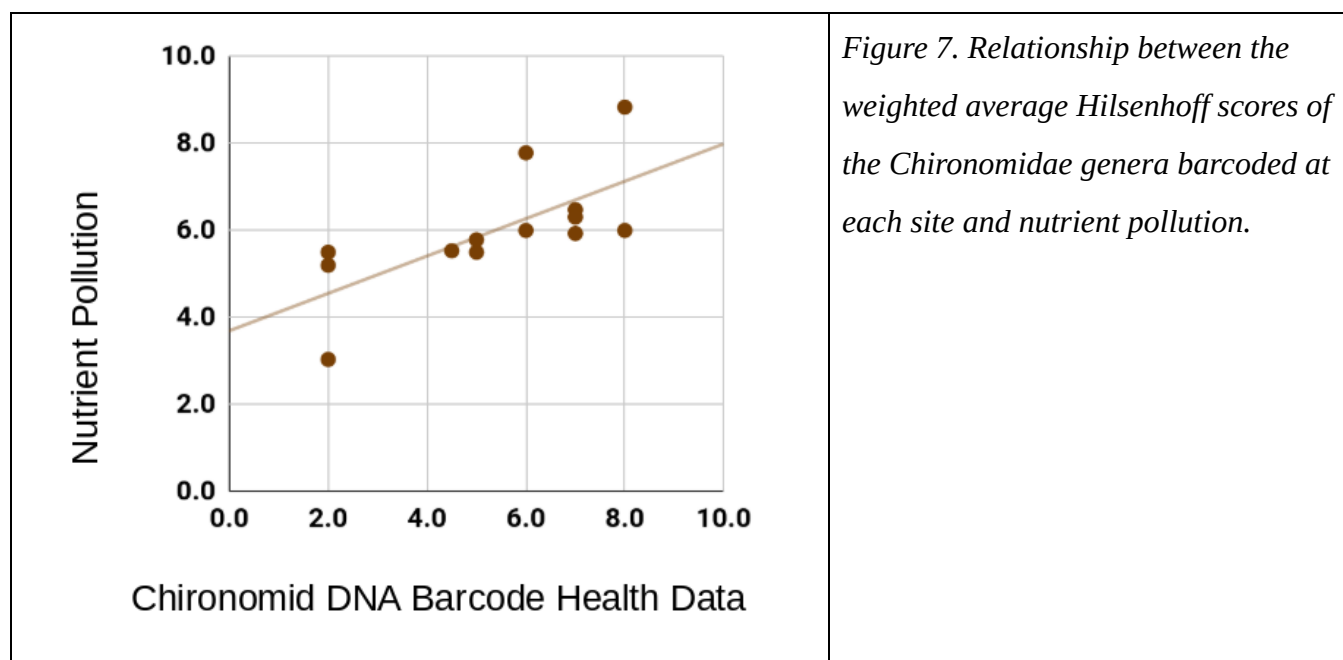


Figure 7. Relationship between the weighted average Hilsenhoff scores of the Chironomidae genera barcoded at each site and nutrient pollution.

When historical health data for sites are graphed with the weighted average Hilsenhoff tolerance scores of the Chironomidae genera sampled, a strong positive linear relationship is noted. There is a statistically significant relationship with $p < 0.05$. In a linear regression ran $r = .79$ indicating that 79% of the variation in the Hilsenhoff tolerance scores of the Chironomidae genera sampled were accounted for by overall historical waterway health data. This means that 21% of variation in tolerance score is influenced by factors other than overall waterway health.

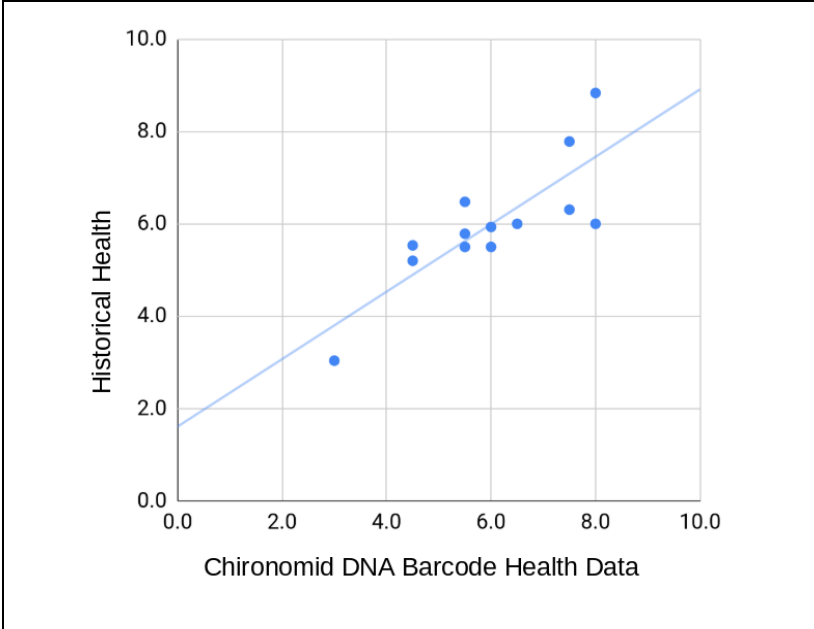


Figure 8. Relationship between the weighted average Hilsenhoff scores of the Chironomidae genera sampled at each site, and the overall historical health based on sampling at each site.

A Bland-Altman analysis showed limits of agreement of -0.853 and 0.868 between the weighted average tolerance values of Chironomidae genera barcoded and the standard method that uses manual taxonomic identification by morphology. This indicates that the new method proposed here of DNA barcoding Chironomidae is in agreement with the current standard to within 1.72 on a zero to ten health scale.

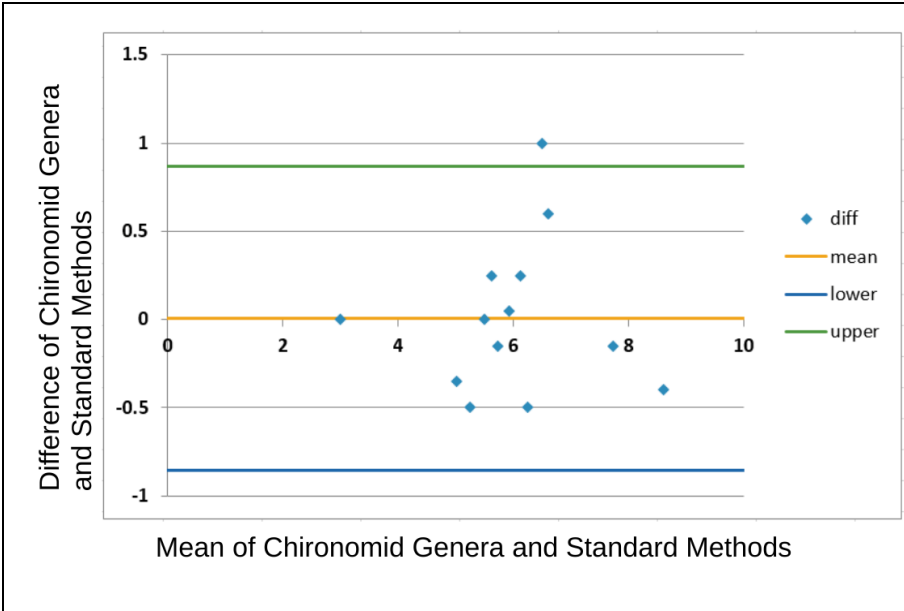


Figure 9. A Bland-Altman analysis showed limits of agreement of -0.853 and 0.868 between the weighted average tolerance values of the Chironomidae genera barcoded and the standard method that uses manual taxonomic identification by morphology.

The following phylogenetic trees were used to analyze the genetic relationships between selections of the Chironomidae sampled with respect to site, taxa level identified, and biotic index.

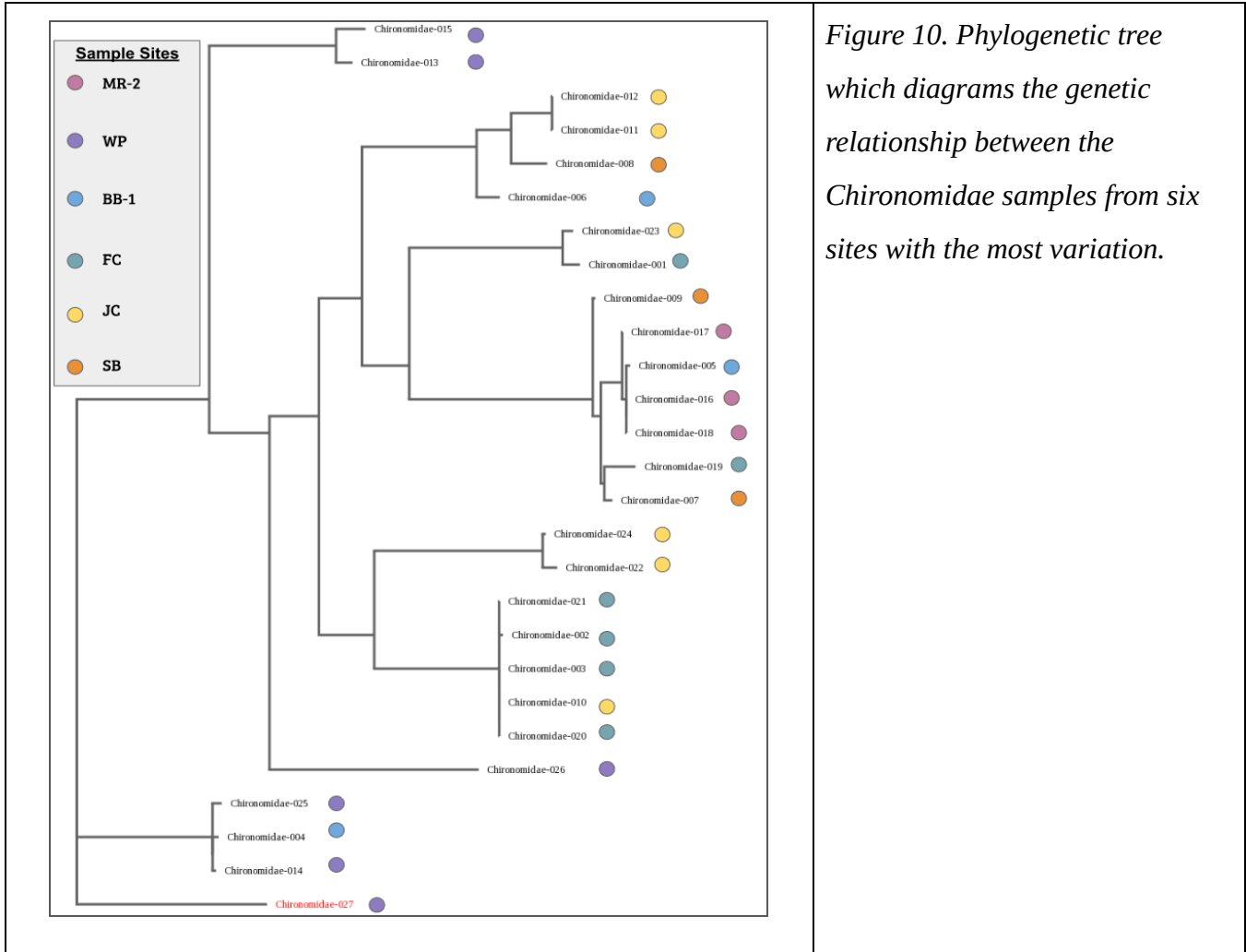


Figure 10. Phylogenetic tree which diagrams the genetic relationship between the Chironomidae samples from six sites with the most variation.

The following phylogenetic tree was used to analyze the genetic relationships between selections of the Chironomidae sampled with respect taxa level identified (e.g. subfamily, genus, or species).

Identification down to species level indicates a match in the sequence databases. Identification to genus or subfamily indicates gaps in the sequence database that can be filled with a widespread barcoding initiative. The gaps could also allude to potential novel species.

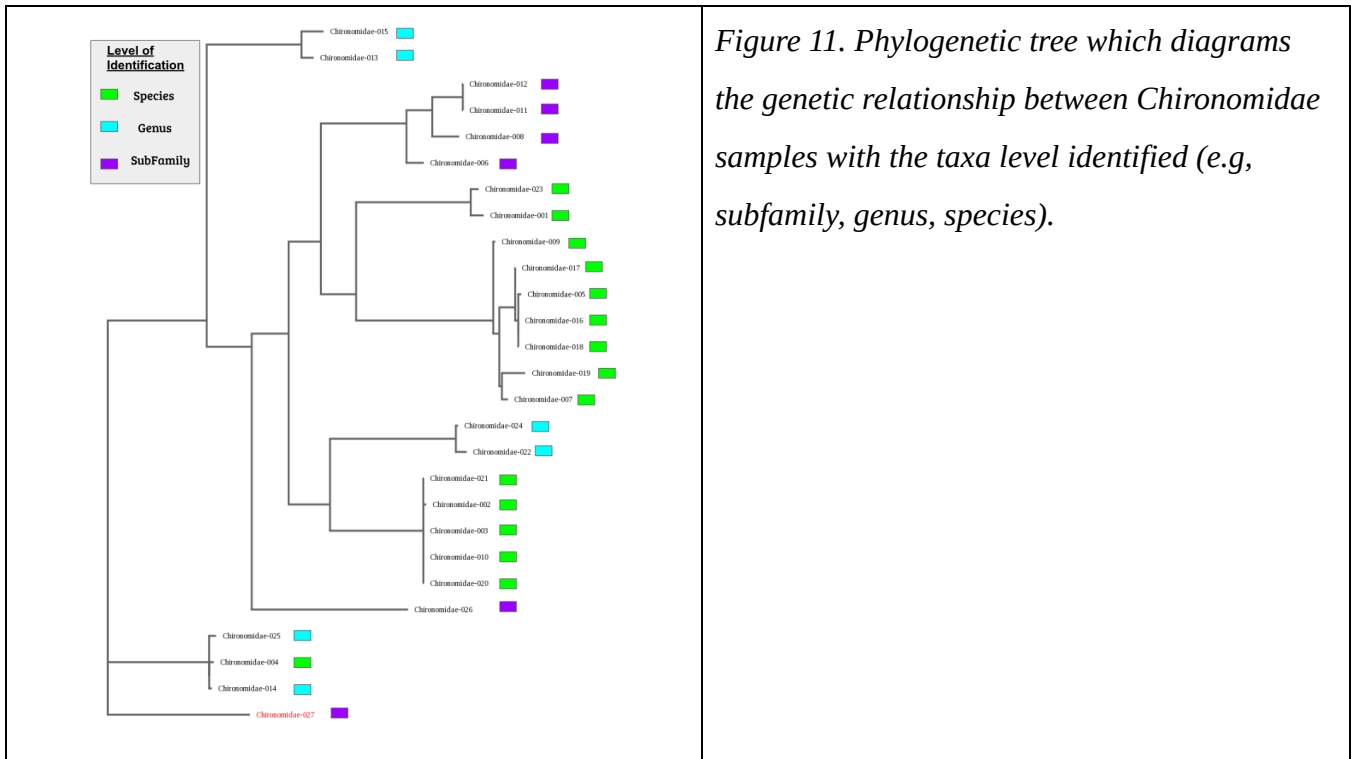


Figure 11. Phylogenetic tree which diagrams the genetic relationship between Chironomidae samples with the taxa level identified (e.g, subfamily, genus, species).

The family biotic index for Chironomidae is 6. This masks an underlying variability as the genera sampled for this study range in biotic index from 2 to 10

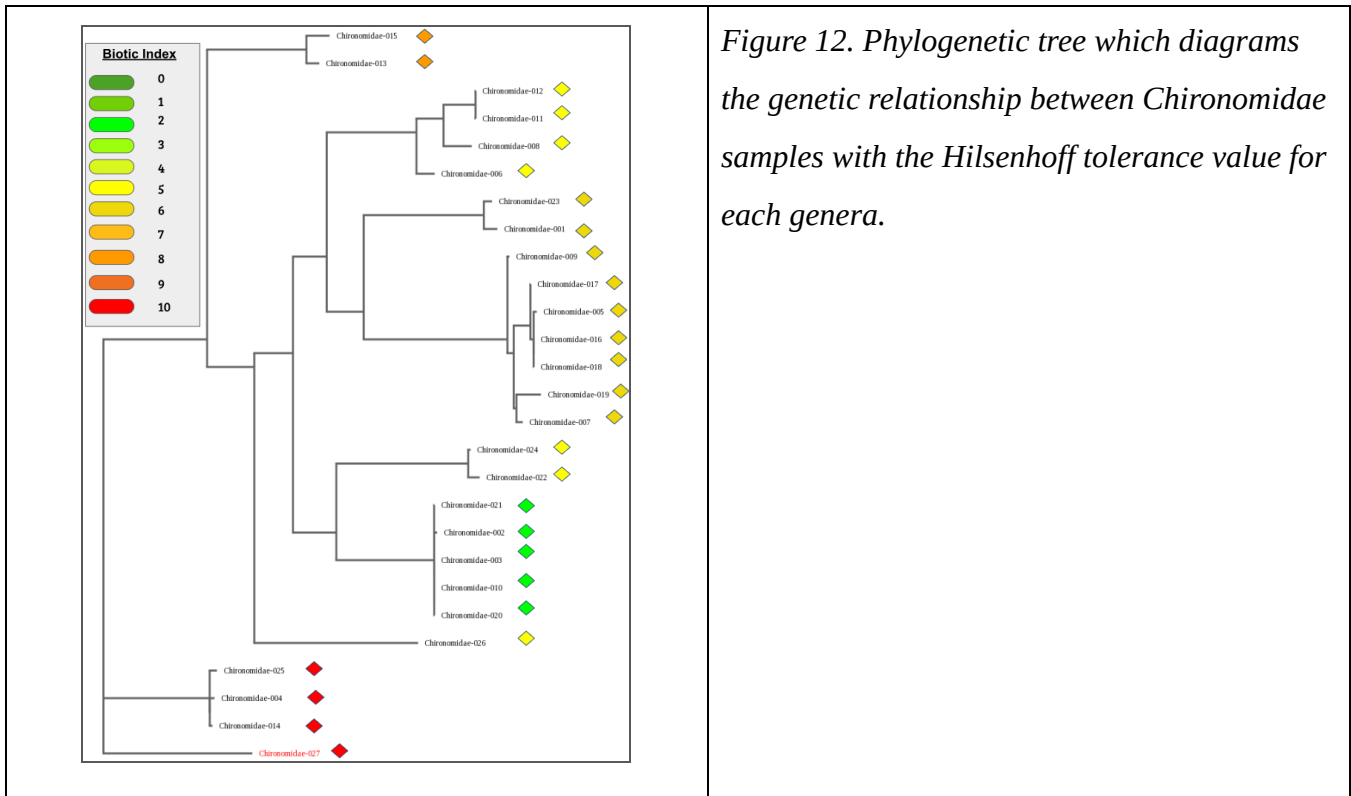


Figure 12. Phylogenetic tree which diagrams the genetic relationship between Chironomidae samples with the Hilsenhoff tolerance value for each genera.

4. Discussion

4.1 DNA Barcoding for Bioassessment: Highly detailed genus and species level data is more accurate and precise but difficult to obtain due to cost, specimen condition, incomplete taxonomic knowledge, poor taxonomic keys, lack of trained taxonomists. Error rates of genus and species in samples identified by experts have been found to be as high as 65%.^[4] This demonstrated the value of DNA Barcoding, especially for identifying such versatile and phenotypically similar specimens as Chironomidae. Hilsenhoff tolerance scores of the Chironomidae genera sampled and identified using the DNA Barcoding method developed here were used with GIS software to provide a water quality overview map. Visualizations from this project's data were used in community land use decision making. In addition to the value of making data readily available data to communities, it is important to note that DNA Barcoding enables an increase in the amount and accuracy of data available for community and land use decision making.

4.2 Comparison of Molecular Analysis Methods: An important step to developing a methodology for use of Chironomidae in bioassessment was comparing and evaluating molecular analysis methods. Four approaches were evaluated: eDNA Metabarcoding Extraction and eDNA Metabarcoding Primer, Rapid Method (chromatography paper) Extraction and PCR Bead, Silica Resin Extraction and PCR Bead, Silica Resin Extraction and MM Primer. Silica resin and PCR bead successfully amplified 100% of the samples. This result also verified that the appropriate laboratory and field practices and techniques had been used, and that the techniques and methods were not excessively cumbersome.

4.3 Selection of Chironomidae as a Global Common Denominator: Various macroinvertebrate families were identified by DNA Barcoding with silica resin and PCR beads. Selecting one family to focus on provided a natural limit that allowed effects of differences in extraction and amplification of DNA to be minimized, for example macroinvertebrates with tough exoskeletons or shells can be more difficult to extract DNA from, and many mollusks contain PCR inhibitors. The response of various macroinvertebrate families to DNA Barcoding and success at identification was compared using measures DNA sequence quality: visual analysis of electropherograms, Phred score, undetermined nucleotides, peak quality, sequence quality. The Chironomidae were identified as the best option with the best sequence quality as they had the best Phred score least undetermined nucleotides, best peak quality, and best sequence quality. The Gammaridae also responded very well to barcoding, with a Phred

score of 98% vs 99% for Chironomidae, however the gammaridae do not have the range of geography and biotic indices that the Chironomidae do.

4.4 Chironomidae and Surface Geology Variation: The Chironomidae sampled here aligned by genera with either high gradient streams in piedmont geology, or sandy soils and coastal plain geology. Only 13% of the genera sampled were found evenly in both geologies.

4.5 Comparison of Genera Tolerance Values and Nutrient Pollution: This analysis compared the relationship between the weighted average Hilsenhoff scores of the Chironomidae genera sampled at each site and the nutrient pollution. The value for nutrient pollution was calculated from the average ppm of nitrate and orthophosphate sampled at each site, which was normalized to a value between 0 and 10. This shows a statistically significant relationship with $p < 0.05$. When nutrient pollution data for sites are graphed with the weighted average Hilsenhoff tolerance scores of the Chironomidae genera sampled, a moderate positive linear association is noted. There is a statistically significant relationship with $p < 0.05$. In a linear regression ran $r = .67$ indicating that 67% of the variation in the Hilsenhoff tolerance scores of the Chironomidae genera sampled were accounted for by overall nutrient pollution data. This means that 33% of variation in tolerance score is influenced by factors other than nutrient pollution. Obviously not all variation in barcode health can be explained by nutrient pollution as there are many other factors that make a healthy waterway.

4.6 Comparison of Genera Tolerance Values and Overall Historical Health Values: The Chironomidae health data correlates to historical health measurements. When historical health data for sites are graphed with the weighted average Hilsenhoff tolerance scores of the Chironomidae genera sampled, a strong positive linear relationship is noted. There is a statistically significant relationship with $p < 0.05$. In a linear regression ran $r = .79$ indicating that 79% of the variation in the Hilsenhoff tolerance scores of the Chironomidae genera sampled were accounted for by overall historical waterway health data. This means that 21% of variation in tolerance score is influenced by factors other than overall waterway health. Bottom composition is likely a part of that 21% as there are some Chironomidae genera that will prefer a healthy pebble-bottomed stream over a healthier mud bottomed stream. Future plans for this study include finding out more about how bottom composition affects the residential Chironomid. The overall historical health scores explains more of the variation in Hilsenhoff tolerance scores of the Chironomidae genera sampled.

4.7 Phylogenetic Tree Analysis: Phylogenetic trees were used to analyze the genetic relationships between selections of the Chironomidae sampled with respect to site, taxa level identified, and biotic index. The phylogenetic tree in Figure 11 was used to analyze the genetic relationships between selections of the Chironomidae sampled with respect to taxa level identified (e.g. subfamily, genus, or species). Identification down to species level indicates a match in the sequence databases. Identification to genus or subfamily indicates gaps in the sequence database that can be filled with a widespread barcoding initiative. The gaps could also allude to potential novel species. The phylogenetic tree in Figure 12 diagrams the genetic relationship between Chironomidae samples with the Hilsenhoff tolerance value for each genera. The Hilsenhoff family biotic index for Chironomids is 6. The genera sampled range in Hilsenhoff Biotic index from 2 to 10.

4.8 Statistical Tools and Analysis: In Phase I, a two-sample t-test was used to compare Phred sequence quality scores between Chironomidae and other macroinvertebrates sampled to a 0.01 significance level. The two-sample t-test was selected because because the sample quantity n was less than 30. The significance of 0.01 was chosen to emphasize the very low p value obtained for the Physidae and Haliplidae.

When the Chironomidae were compared with Physidae, Haliplidae, and Gammaridae, the null hypothesis was that the mean proportion of ideal Phred scores for chironomids would be equal to that of Physidae. The alternative hypothesis was that the mean proportion of ideal Phred scores would be greater for Chironomidae than, for example Physidae. Because $p = 1.01 \times 10^{-6}$ and is lower than the significance level of 0.01, the null was rejected, indicating that the Chironomidae DNA sequence quality was significantly better than the Physidae sequence quality. For Chironomidae vs. Haliplidae $p = 7.37 \times 10^{-8} < 0.01$ indicating a statistically significant sequence quality improvement. For Chironomidae vs. Gammaridae $p = .053$ indicating a difference that is not significant, however Gammaridae were not chosen due to their more limited number of species, geographic range, and biotic index range.

In Phase II bioassessment measurement systems were compared. In order to compare waterway ecosystem bioassessment by weighted average tolerance values of the Chironomidae genera barcoded, and the standard method that uses manual taxonomic identification by morphology, a Bland-Altman analysis was used.^[1] The Bland-Altman test was selected as this is a common statistical tool used to compare a new measurement method to an existing standard of measurement when a true value or calibration standard is not available, and measurements must be made indirectly.

Comparing two measurement systems by running a regression and calculating a correlation coefficient r value is not sufficient to compare measurement systems, as two methods of measuring the same value are nearly guaranteed to be correlated. Additionally, they can be correlated without being in agreement, such as a measurement of length in inches, and in centimeters.^[1] Bland-Altman analysis determines the level of agreement between two measurement systems. This comparison showed limits of agreement of -0.853 and 0.868 between the weighted average tolerance values of the Chironomidae genera barcoded and the standard method that uses manual taxonomic identification by morphology. This indicates that the new method proposed here of DNA barcoding Chironomidae is in agreement with the current standard to within 1.72. This is a significant finding, especially considering that waterway health data is often reported as good / fair / poor, and leads to the conclusion that the measurement method is sensitive enough, and waterway ecosystem bioassessment by DNA Barcoding of Chironomidae is a viable option for bioassessment globally.

Statistical power is the sensitivity of a test, or the ability of a test to find an effect if there is one to be found, or in other words the probability that the test will correctly reject a false null hypothesis. Statistical power = $1 - \beta$, where β is the probability of making a Type II error. (alpha α is the probability of making a Type I error.) Statistical power is an function of the sample size, alpha, and effect size. Increasing the sample size increases statistical power, but there is typically a cost or challenge to obtaining more samples. Increasing alpha also increases statistical power, however this merely exchanges this risk of a Type II error (β -risk) for the risk of a Type I error (α -risk). Where statistical significance determines if there is a difference between two groups, effect size quantifies the difference between two groups. Bigger effects are easier to detect than smaller effects. If the data being sampled has a large amount of variance, both from the value being measured and the noise in the data, this will decrease the statistical power.^[2] Measurement error is also a source of noise. The goal of using DNA Barcoding to resolve taxa in more detail to the genus and species level, is to reduce variability and therefore increase statistical power. Increasing the precision of the measurement increases the statistical power and/or decreases sample size. A statistical power of 0.80 is typical, and indicates a 4:1 trade off between β -risk and α -risk. Highly consistent systems in engineering and physical sciences, as well as medical tests where the risk of a false negative (not detecting a disease) can have higher statistical power such as 0.90.

DNA Barcoding increases resolution from family level, to genus and species, as well as reducing error from manual taxonomic identification by morphology. In the case of Chironomidae this means that genus level tolerance values ranging from 0 to 10 can be used instead of the family level tolerance value of 6. This increases the statistical power of the bioassessment method.

5. Conclusions:

5.1 Based on Bland-Altman analysis waterway ecosystem bioassessment by DNA Barcoding of Chironomidae is sensitive enough to be a viable option for bioassessment globally. Manual taxonomic identification under magnification is typically only performed to the family level. Stream health data from Chironomidae genera matched historical health data. (Statistically significant $p < 0.05$)

5.2 The research questions explored here support creation of a microbiology lab at a non-profit water study institute that supplements their existing citizen science water monitoring programs. This program has been approved by the organization's leadership. Laboratory space and ongoing support resources have been allocated. Partial capital funding has been received from multiple sources.

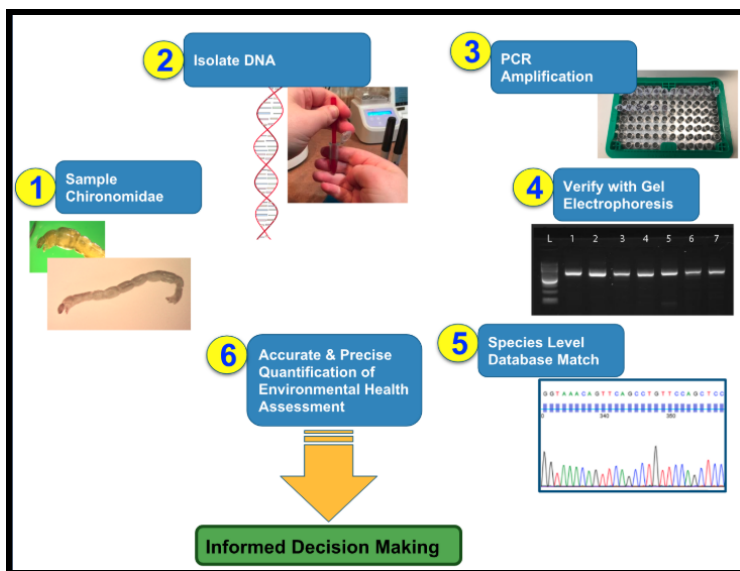


Figure 13. Methodology developed for bioassessment with DNA Barcoding with Chironomidae

5.3 All samples barcoded using the optimized method of silica resin isolation and PCR beads as was also observed by percent amplification in gel electrophoresis.

5.4 The family tolerance value for Chironomidae is 6, however identification to the genus level revealed Hilsenhoff tolerance values ranging from 0 to 10. The phylogenetic tree shows potential novel species where closely related samples correspond to gaps in the sequence database. New sequences were added

to databases used by the scientific community. Phylogenetic tree groupings match geography and historical health data. Samples from the healthiest sites are nearly genetically identical. The most sensitive genus of Chironomid was only found in the healthiest sites.

5.5 DNA Barcoding of Chironomidae can be faster and lower cost than the current method. This method is robust, reproducible, and suitable for augmenting citizen science initiatives.

5.6 In analyzing the distribution of Chironomidae genera between streams with urban vs. open space catchment areas, there was not a statistical correlation. This may require further study with more detailed land use data. (Not statistically significant $p > .05$)

5.7 Finally, the investigation into the Chironomidae family shows that DNA Barcode analysis can result in waterway health data that is both more accurate and more precise, and therefore increase statistical power and significant value for monitoring an increasingly scarce water resource.

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