How to Stay COVID-19 Free at the WRFF

**SEWAGE IS FILTHY**
Good hygiene and PPE protect workers from most infections

**WASH YOUR HANDS WELL**
With soap and water for 20 seconds or sanitizer with at least 60% alcohol

**DO NOT TOUCH YOUR FACE**
Do not touch eyes, mouth, nose or cuts when handling sewage

**WEAR PROPER PPE**
Make sure you wear waterproof gloves and rubber boots

**CLEAN DIRTY SURFACES**
Clean frequently touched surfaces with 70% ethanol or 0.5% chlorine

**HAZARD ASSESSMENTS**
Consider biological hazards before performing a task

**REMOVE DIRTY CLOTHES**
Soiled clothes should be removed before eating or leaving work

**EAT IN CLEAN AREAS**
Eat, smoke or chew gum in designated clean areas

**COVER SORES AND CUTS**
Use clean, dry bandages to cover cuts, wounds and sores

**WASH HANDS**
After handling sewage, before eating, before and after toilet use

**FLUSH EYES WITH WATER**
If sewage splashes in your eyes, flush with clean water

**LAUNDER WITH CHLORINE**
Launder work clothes at the end of the day with 0.05% chlorine